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Tracy Jarboe & Stefani Sadler

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# September

## Ideas and Patterns

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Tracy Jarboe and Stefani Sadler are both Kindergarten teachers with over 25 years combined experience working with children. They are also authors, illustrators and national presenters dedicated to serving educational colleagues, parents and children.

We begin our Kindergarten year with a unit on "Teddy Bears." Why teddy bears? They are familiar and friendly to the students and there is an abundance of materials available for every teacher to use. We have attached a few of the activities that we have created or used during our first week of school.

## “Where Is Teddy Bear?”

On the first day, the children each bring a teddy bear to school. The teddy bear is their companion for the entire week. We are able to learn about the children through teddy bear activities and sharing. Of course we have brought a teddy bear too and our teddy bear becomes lost during the first week of school. Everyday we spend time looking for him. We visit the library, office, nurse’s station, custodian office, computer lab, cafeteria, etc. and on Friday we find our bear in the principal’s office enjoying Teddy Grahams and milk with the principal. As we visit these places and meet the people who work there, we take each staff member’s picture.

At the end of the week we have a class book entitled, “Where, Oh Where, Has Teddy Bear Gone?” The text reads: “Mrs. Jarboe has lost her teddy bear! Is he in the office with Mrs. Smith? No. (Photo of Mrs. Smith) Is he in the nurse’s station with Mrs. Davis? No.” (Photo of Mrs. Davis) and so on. The last page reads: “Is he in the principal’s office with Mr. Jones? Yes! Mrs. Jarboe’s class is so happy.” (We repeat this process with all of the K classes and each teacher’s teddy bear.) Of course, there is a photo of a delighted class with the found teddy bear on the final page. This book is then placed in the classroom and it helps the children to become familiar with key staff members and their work places.

We celebrate having found our lost teddy bear by having a teddy bear picnic with our sixth grade buddies (who have also brought their teddy bears to school on that day). It is a fun and festive way to introduce your upper grade buddies to the K children. For dessert we all share Teddy Grahams and milk.

- When photo processing, have double prints made to make an identical book and use it as a traveling activity. Put the book in a bag with Teddy and a journal. Have each child take it home for a night to share and write about Teddy’s adventures with their families. This also allows the family members to get to know the staff members and their roles.
- Always have extra Teddy Bears on hand for those children who do not have one or have forgotten theirs. Usually, your local community stores are happy to each donate a teddy bear for those children who are in need.

## Movement Games

**These activities may be acted out by the children or with the use of bear masks or puppets.**

\*\*\*\*\*

Five little teddy bears jumping on the bed, one fell off and bumped his head. Mama called the doctor and the doctor said, "No more teddy bears jumping on the bed!"

Repeat verse counting down each time 5 – 4 – 3 – 2 – 1.

\*\*\*\*\*

Teddy Bear, Teddy Bear turn around.  
Teddy Bear, Teddy Bear touch the ground.  
Teddy Bear, Teddy Bear jump up high.  
Teddy Bear, Teddy Bear touch the sky.  
Teddy Bear, Teddy Bear touch your nose.  
Teddy Bear, Teddy Bear touch your toes.  
Teddy Bear, Teddy Bear turn out the light.  
Teddy Bear, Teddy Bear say good night.

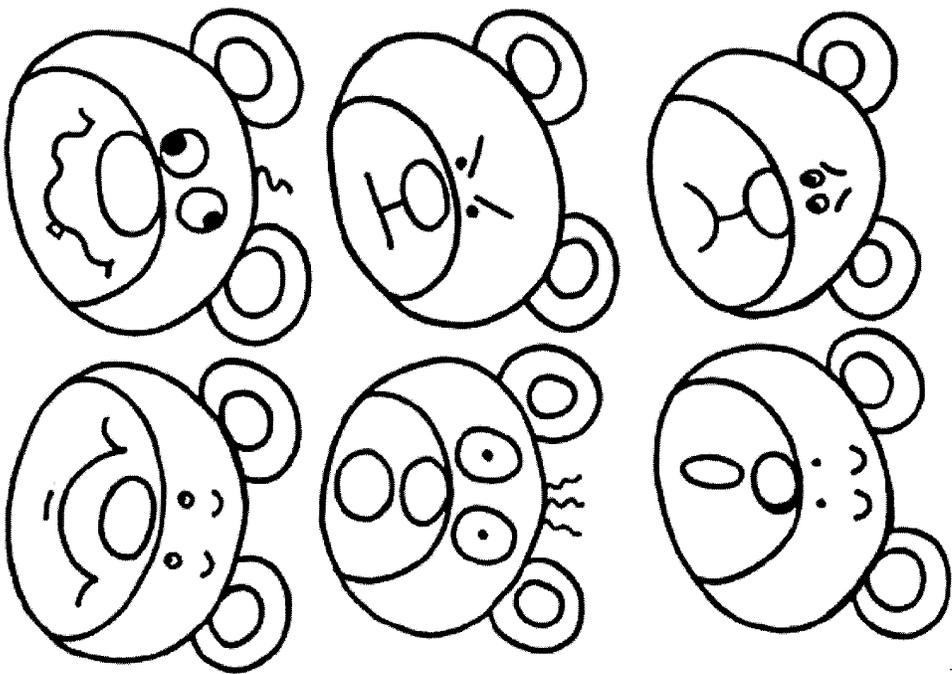
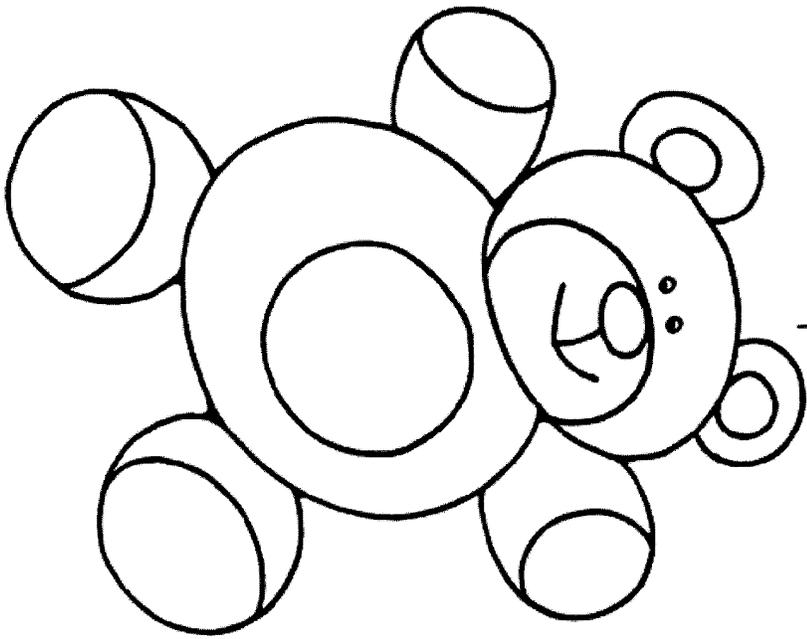
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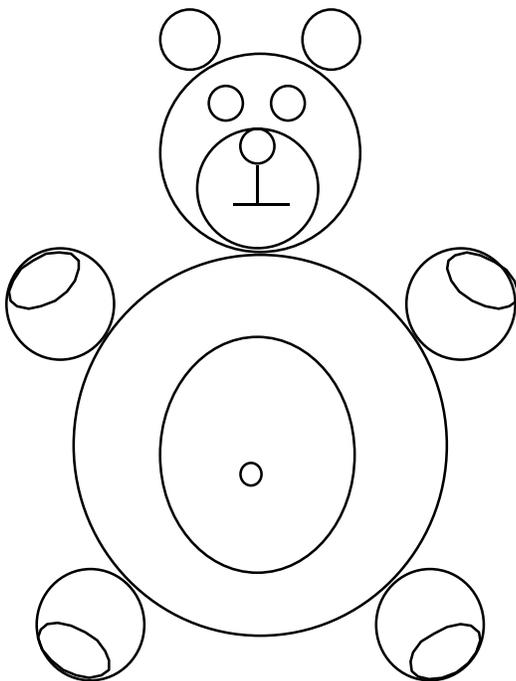
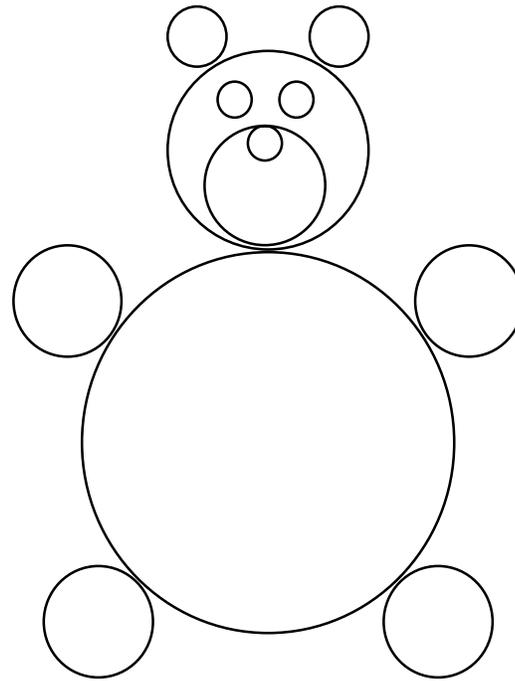
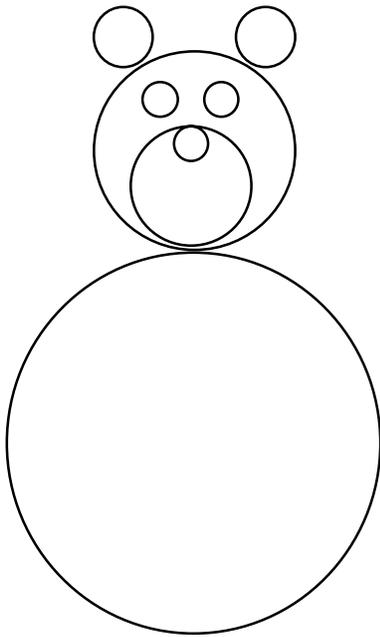
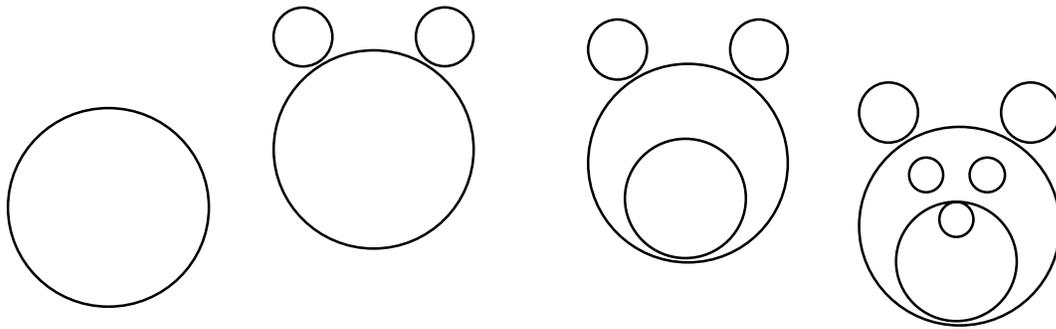
One little, two little, three little teddy bears,  
Four little, five little, six little teddy bears,  
Seven little, eight little, nine little teddy bears,  
Ten little cuddly teddy bears.

\*\*\*\*\*

5 little bears sitting in a row.  
The first one said, "I can touch my toe."  
The second one said, "I can wiggle my nose."  
The third one said, "I can strike a pose."  
The fourth one said, "I smell honey over there."  
The fifth one said, "Let's get some to share."  
But out came the bees and they buzzed all around.  
Sting! Sting! Sting! Not a bear could be found.  
(Written By: Tracy Jarboe)

Directed Drawing Circle Bear  
With Facial Expressions





Deep inside the forest  
Shaded by the trees,  
A big old bear goes walking  
As happy as you please.  
For he has a little secret,  
It's gooey, sweet and runny;  
Hidden in the oak tree  
Is a beehive full of honey!  
(Written by: Stefani Sadler)

## Edible Cocoa Peanut Butter Play-dough

You will need:

- 2 cups nonfat dry milk
- 1 1/4 cups creamy peanut butter
- 2 Tablespoons of honey
- 2 Tablespoons of cocoa

1. Place all ingredients in a Ziploc bag.
2. Knead the ingredients together in the bag to form dough. (Add more peanut butter or dry milk as needed.)
3. Roll out the dough
4. Cut it with a bear-shaped cookie cutter or make circle bears by rolling the dough in the palm of your hands.
5. Use a variety of items to decorate the bear: Raisins, peanuts, chocolate chips, cheerios, miniature marshmallows, and toasted coconut or chocolate jimmies for fur.

## Cinnamon Applesauce Dough Bears

You will need:

- 1 & 1/2 cup applesauce
- 1 & 1/2 cup cinnamon
- Ziploc bag
- Hot or tacky glue
- Ribbon
- Coffee stir or small straw

1. Pour applesauce and cinnamon in to Ziploc.
2. Knead until well blended.
3. Roll out to desired thickness (1/2 inch or so).
4. Cut with bear shaped cookie cutter.
5. Use the straw to poke a small hole at the top for hanging.
6. Allow the bear to air dry for several days on wax paper.  
(As the bear dries, you may need to turn it over to dry completely as moisture collects under the bear.)
7. Use glue to decorate with a ribbon bow tie if desired.
8. Lace ribbon through hole for hanging.

### **Brown Bear Mask Pattern**

1. Photocopy the mask pattern on brown construction paper.
2. Use pink construction paper or fur cut outs for the ears.
3. Place a brad at each end of the mask then a rubber band connecting to each brad.
4. Place on student's head and have a growling good time!

### **Bear Journal Cover Pattern**

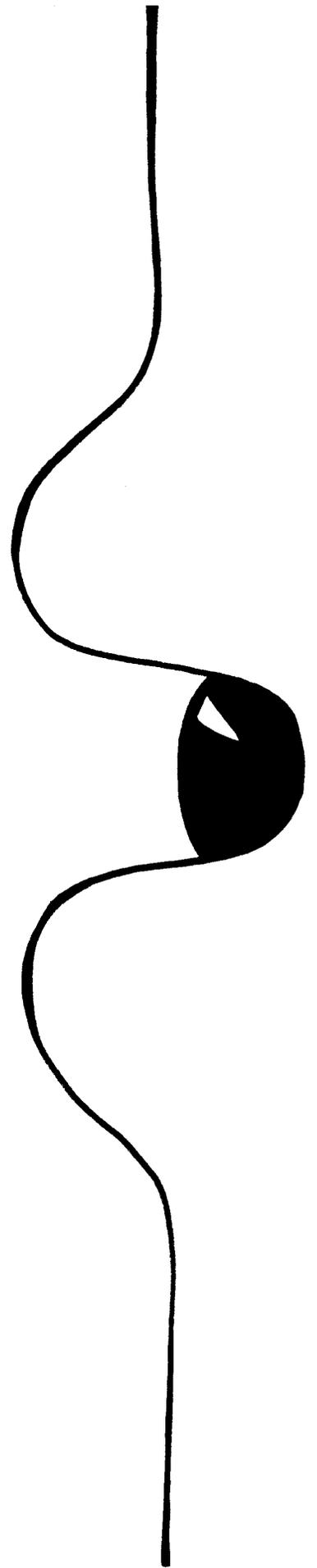
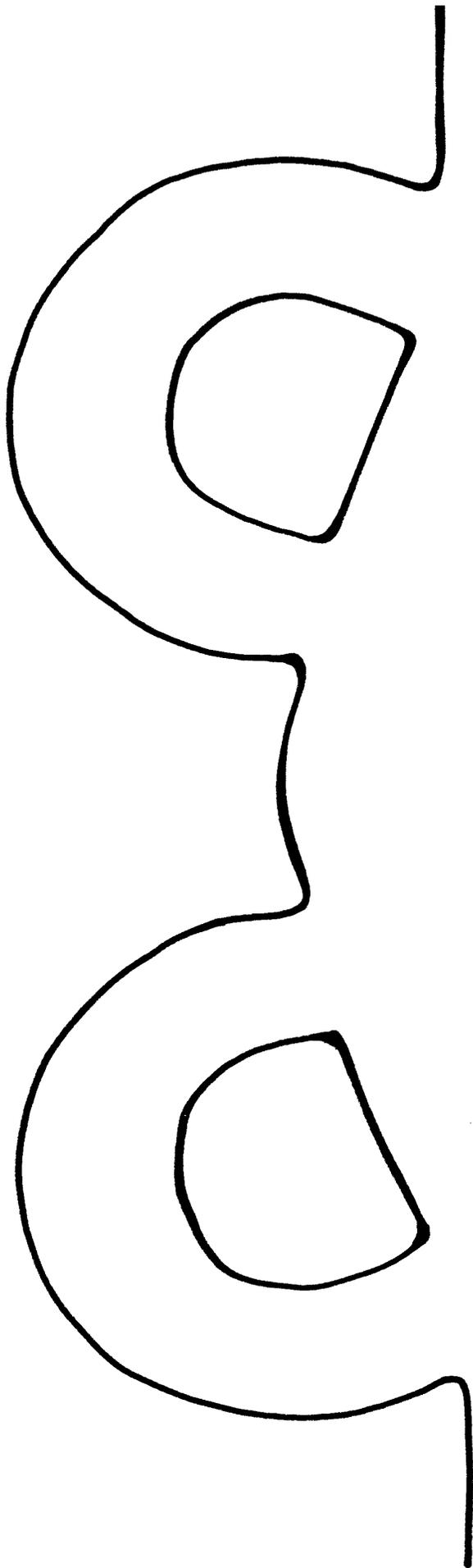
1. Use the bear pattern as a journal cover by photo-copying it onto brown or tan construction paper.
2. Then place lined writing paper beneath it (as many sheets as you like), followed by a sheet of brown construction paper as the back cover.
3. Staple the papers together at the left to form a book.
4. Then cut around the outside edges to make a bear shaped journal.
5. This bear pattern could also be used to make a Beary Special greeting card, simply by following the journal instructions, but only use one piece of lined writing paper. Staple the papers together at the left to make a greeting card for a Beary Special Person!
6. Use the bear pattern to make "Accordion Fold Bears" too!

### **Teddy Bear Art Pattern**

1. Mix ground coffee with brown tempera paint.
2. Using a brush, paint the entire bear.
3. After the paint has dried, use googly eyes, buttons, ribbon, or uncooked pasta shapes to decorate the bear.

### **Teddy Bear Rules Patterns**

Use these patterns to create a classroom rules book by photocopying on paper and stapling together, or enlarge the patterns to make classroom posters. Use crayons, colored chalks or pencils to color.

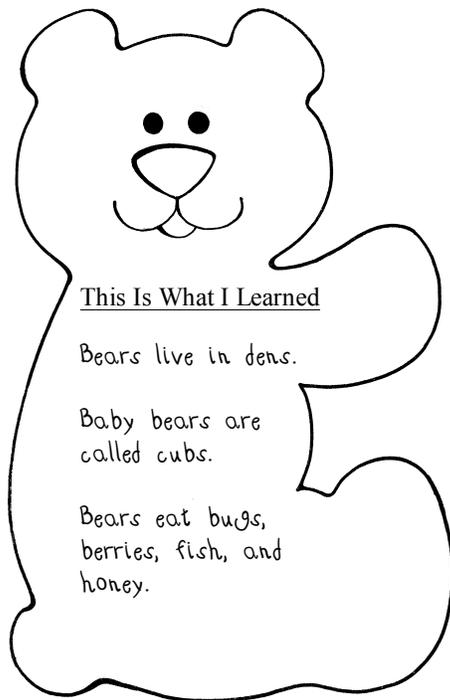


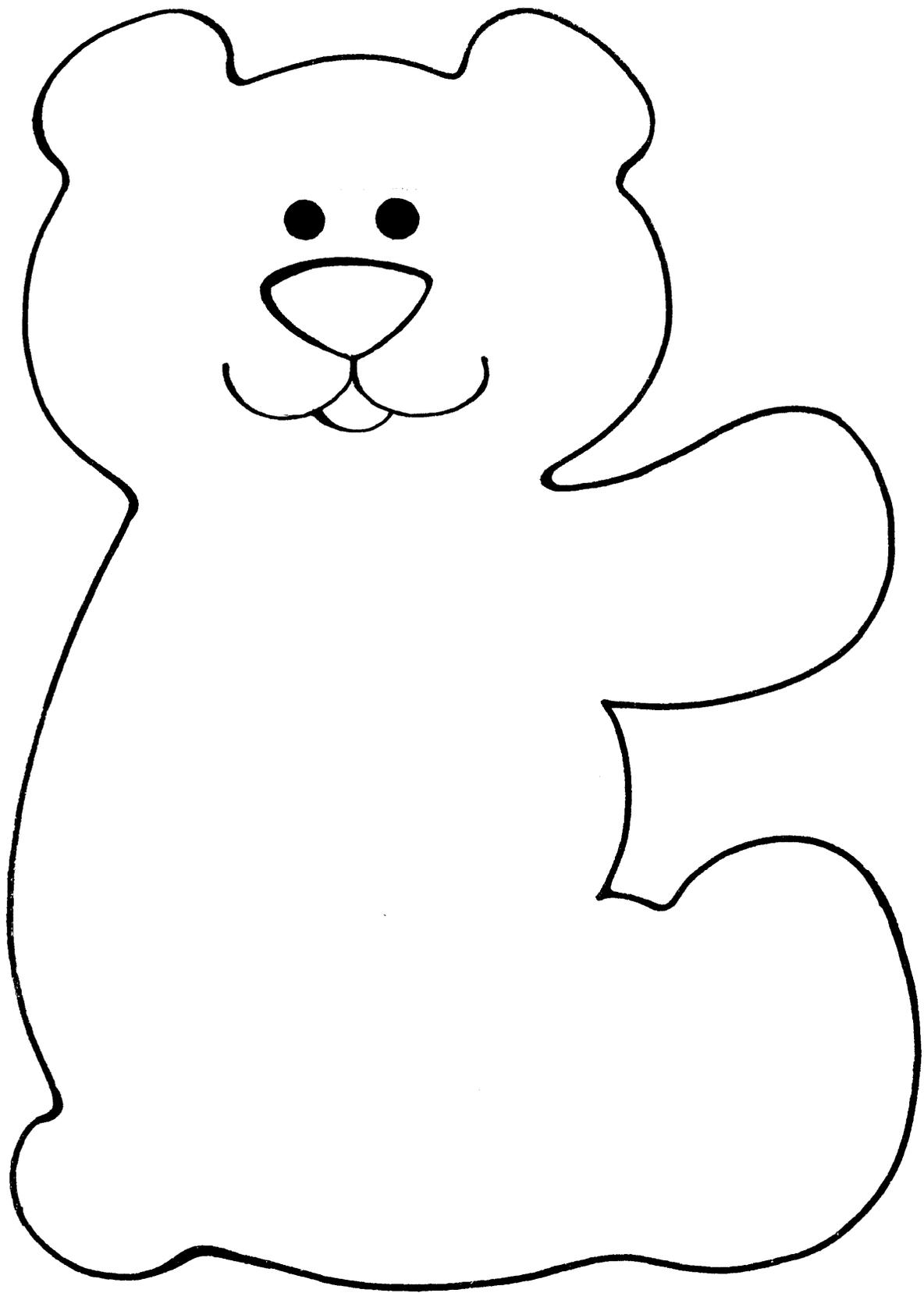
## Sitting Bear Blackline Ideas

1. Copy blackline onto brown or tan construction paper.
  2. Glue Stick a rectangle shaped white piece of paper on to the bear body.
  3. Have a child write a bear poem or bear words on the white paper.
  4. Hang in the room. These bears are a wonderful way to showcase student writing.
- \* Tip - Have then students complete their writing before gluing it onto the bear.

\*\*\*\*\*

1. Have each student write bear facts on the tummy of the bear after completing the unit of study.
2. Title this activity: "This what I learned".
3. Send home with children and encourage their parents to review the bear facts with them.





## **Sitting Bear Ideas**

Use the Sitting Bear pattern as a math mat.

- Try completing addition or subtraction sentences using teddy grahams or gummy bears as manipulatives.
- Write the numbers 1 through 5 in the bear.

Use the Sitting Bear pattern as a class made book cover.

- My Teddy Bear and I . . .

Have each student write about an adventure they took with their teddy bear and illustrate their page. Combine the pages together and staple to form a class book.

Use the Sitting Bear Pattern as a photo frame.

- Take each child's photo holding his/her teddy bear and then glue it on the sitting bear as a frame.

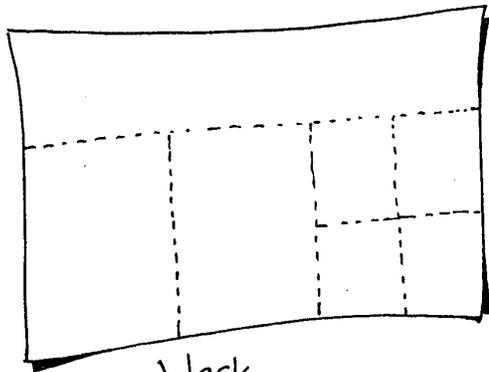
## TORN PAPER PANDA MASCOT

### Materials:

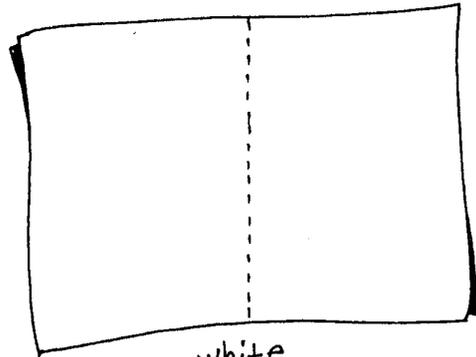
12x18" black construction paper  
(cut as shown for each child)  
9x12" white construction paper  
(cut as shown for each child)  
black marker or crayon for coloring eyes  
glue

As an introduction, read or discuss panda facts. Explain that they are going to create their own pandas as classroom mascots. Share with students that for this project they won't be using scissors--all pieces will be torn to make the panda look 'furry'.

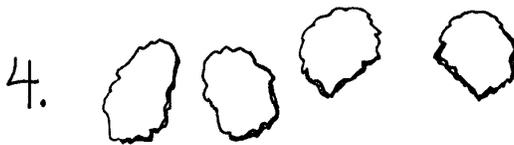
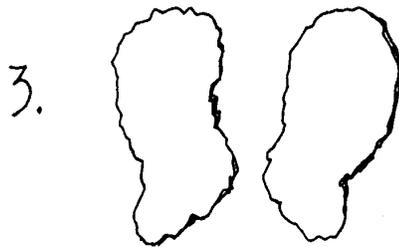
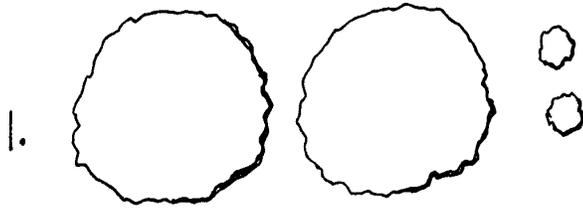
1. Tear 2 sheets of white paper into circles (head/body) Save scraps to tear 2 small circles for eyes. Explain to students that pandas haven't any corners or straight edges--be sure to tear them off. Also, stress that each panda is an individual, that they will all look different, and that makes them special.
2. Tear the edges of the long rectangle to form the panda's front paws and chest band.
3. Tear smaller rectangles to form hind legs.
4. From remaining square, tear eye patches and ears.
5. Assemble pieces using dots of glue.
6. Color pupils in the eyes.
7. Allow students to share pandas and display them around the classroom. If available, create a bamboo forest to display pandas.



black



white



## Bears—Science

Hibernation—Make a cave out of brown butcher paper and have the children collect leaves to place inside the cave to form a soft, warm bed. Place your class teddy bear inside and close it up for the winter. Place a sign outside that says “Shhh... Hibernation Zone”. In the spring open up the cage and take out your teddy bear along with a surprise or two... CUBS!

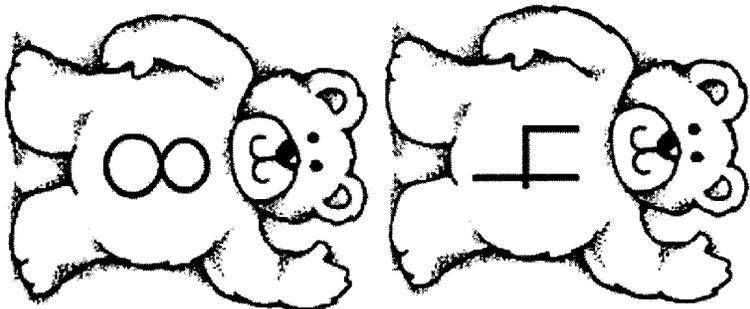
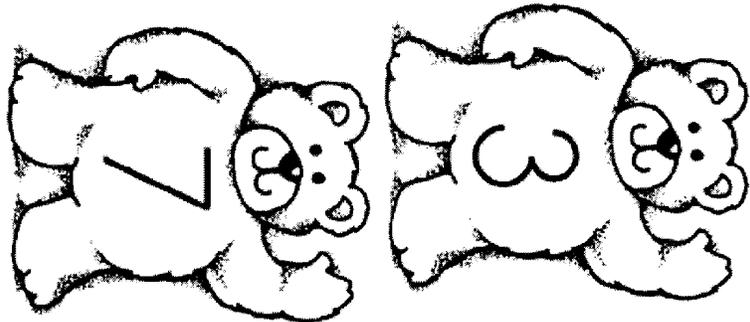
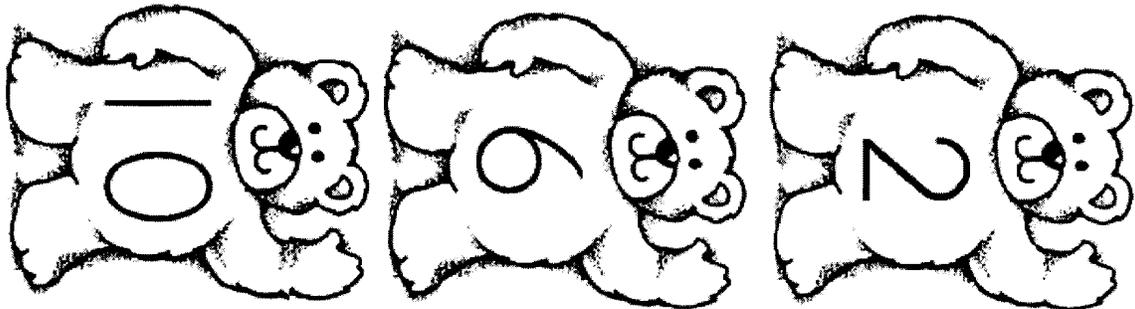
Winter Coats—Demonstrate how animals stay warm during the winter by filling a large Ziploc bag with Crisco shortening and a large tub with ice water. Have each child place his/her bare hand in the ice water. Time how long it takes before their hand becomes cold. After you have dried and warmed their hand again, place their hand in a small Ziploc bag and let them place their covered hand into the bag of Crisco shortening. Now place the Crisco bag with their hand inside into the water. How long does it take to feel the cold this time? The Crisco represents the blubber and fur coat that winter animals like polar bears, seals and penguins have to keep warm.

### Peanut Butter Play-dough

It's a bear fact that children love play-dough, especially if it is edible! Use this recipe to develop fine motor skills and fun. Students love to make their name out of this play-dough and then eat it!

- 1/2 cup peanut butter
- 1 cup powdered milk
- 1/2 cup honey
- Mix and knead until well blended

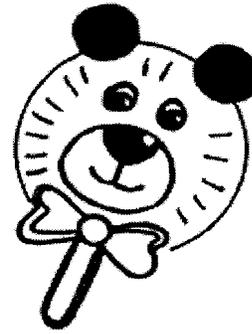
Teddy Bear Flashcards



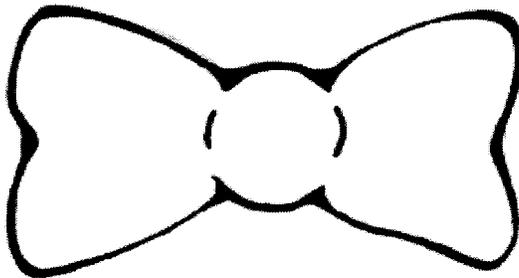
# Teddy Bear Mask

You will need:

1 small paper plate  
1 tongue depressor  
colored construction paper  
Crayons, scissors, and glue



1. Cut out the bow tie (any color) and two brown circles for ears (about 2" diameter)
2. Color features as shown for the bear's face using crayon on the of the plate.
3. Glue on ears and bow tie
4. Glue (or staple) the tongue depressor to the mask.



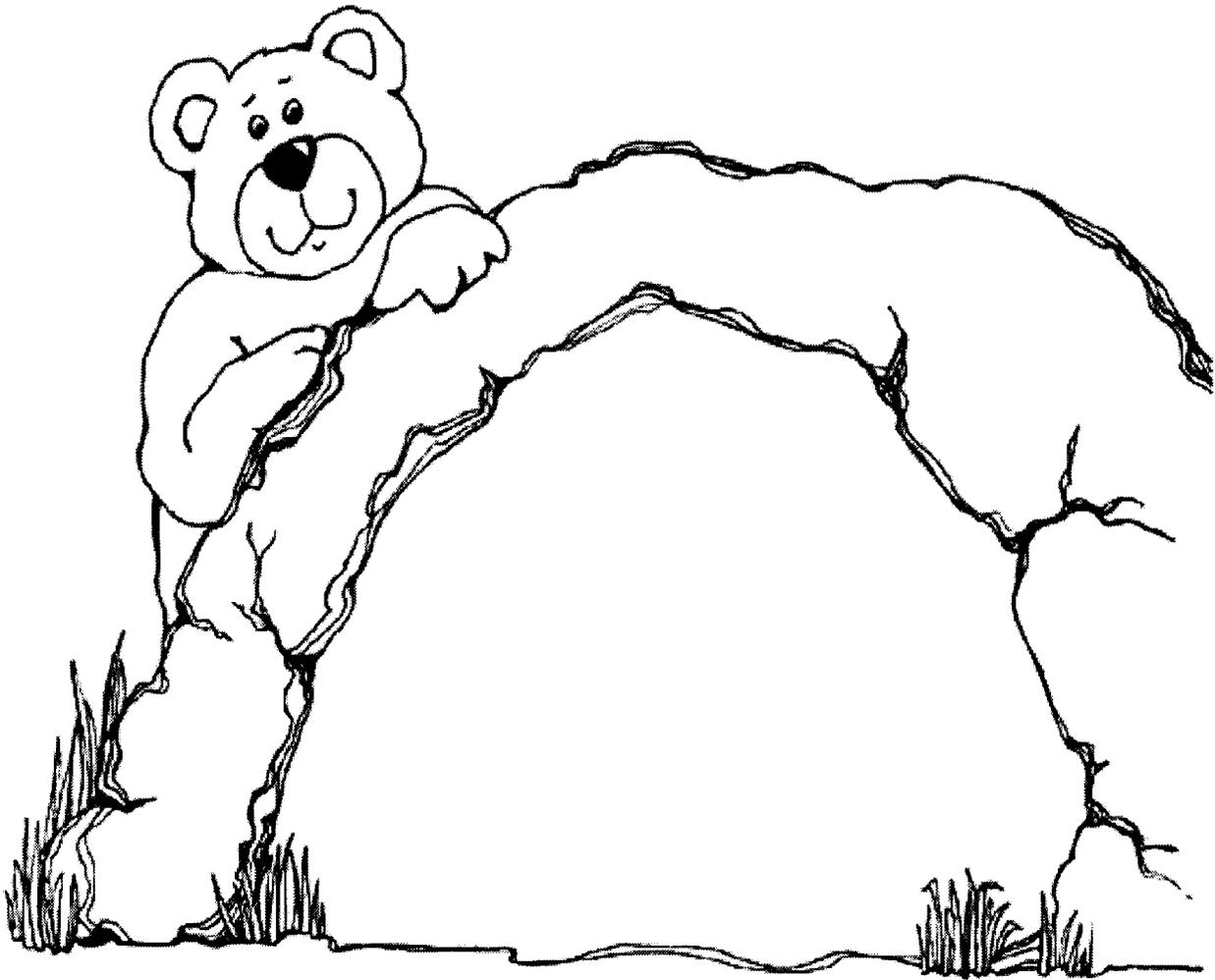
Three Bears Patterns:

Use this pattern to explore the concepts of small, medium and large or as puppets to retell the story of "Goldilocks and the Three Bears".

Bear Special Necklaces:

Use these patterns to make necklaces. Simply color, cut and string with yarn.

\_\_\_\_\_  
Name \_\_\_\_\_



When winter nears, bears must prepare to hibernate until spring. Imagine that you must spend the winter in a cave. What would you bring along with you? Write and/or draw about all of the things you would like to have in the cave.

## Graph It!

Read Jamberry and then make mini teddy sandwiches using different flavors of jam. Graph each students' favorite jam. Use a small bear cookie cutter to make the teddy sandwiches. Wilton makes nesting bear cookie cutters and I always use the smallest.

Dip teddy grahams in different flavors of honey and graph which flavor each child likes the best.

Graph favorite bear characters. Which is your favorite:

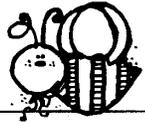
Pooh, Paddington, Fozzie , Baloo, or Yogi?

Is a Koala a bear? Yes or No

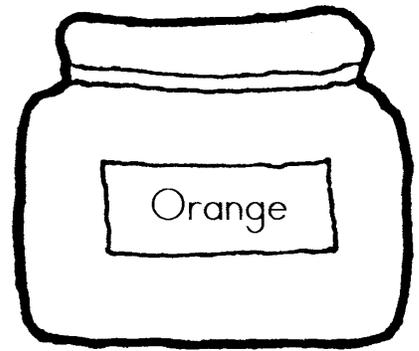
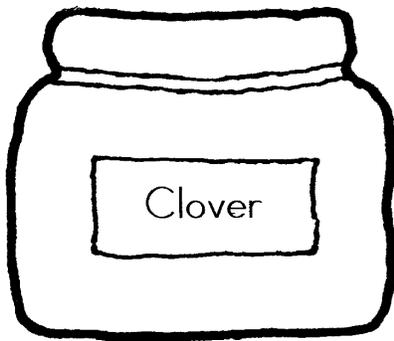
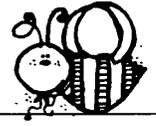
Is a Panda a bear? Yes or No

Graph student predictions and then research the answer.

Visit the San Diego Zoo online to see the Pandas.



Which Honey Do You Like The Best?



Family Homework

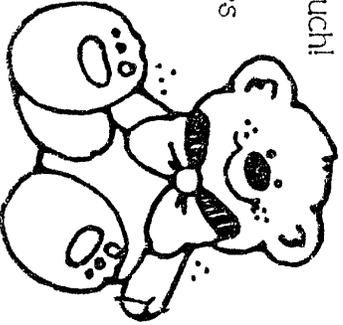
Tomorrow we're having a little Teddy Bear Picnic. We are asking each child to bring in a bear to share. Please do not go out and buy anything special — the more loved and well-worn, the better. We also have plenty of extra bears at school that may be adopted for the day.

Please help your child complete the worksheet to the right. Cut on the vertical line and return to school tomorrow, along with a bear. We have some great stories, activities and surprises to make the day a very special one.

Remember, if you don't have a bear handy, we will supply one.

Thank you very much!

Your K Teachers



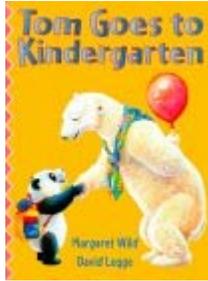
Name \_\_\_\_\_

### The Teddy Bear Picnic

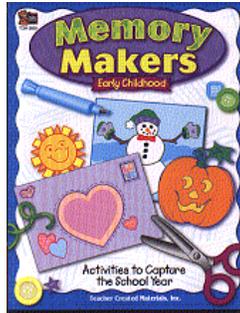
Once upon a time there was a bear named \_\_\_\_\_ who went to the Teddy Bear Picnic. He invited two of his friends, \_\_\_\_\_ and \_\_\_\_\_.

They spent the day \_\_\_\_\_

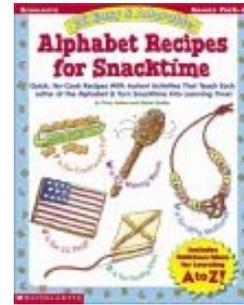
Recommended Bear Theme Books  
(click to preview or purchase)



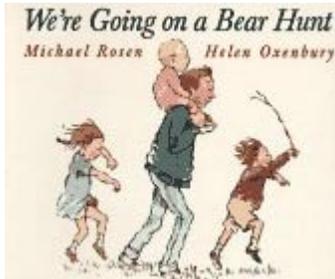
[Tom Goes To Kindergarten](#)



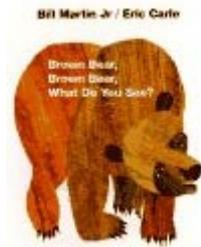
[Memory Makers](#)



[26 Easy and Adorable Alphabet Recipes...](#)



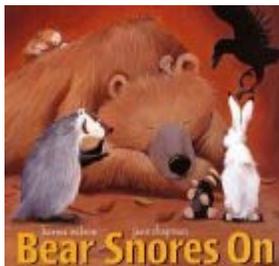
[We're Going on a Bear Hunt](#)



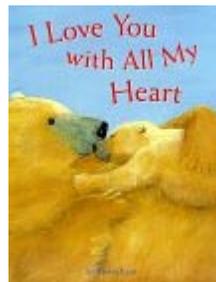
[Brown Bear, Brown Bear, What Do You See?](#)



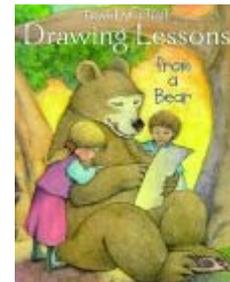
[Blueberries for Sal](#)



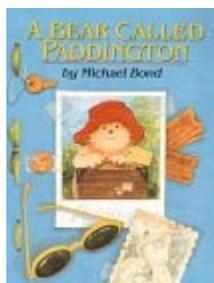
[Bear Snores On](#)



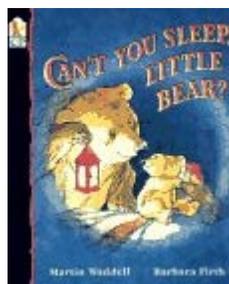
[I Love You With All My Heart](#)



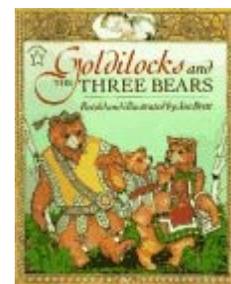
[Drawing Lessons from a Bear](#)



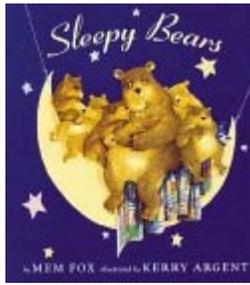
[A Bear Called Paddington](#)



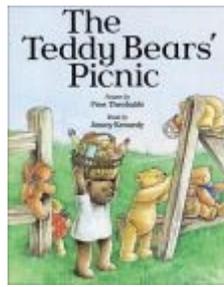
[Can't You Sleep, Little Bear?](#)



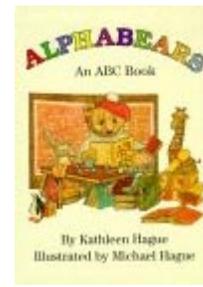
[Goldilocks and the Three Bears](#)



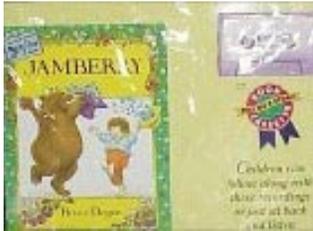
[Sleepy Bears](#)



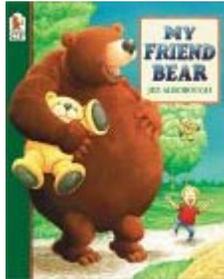
[The Teddy Bear's Picnic](#)



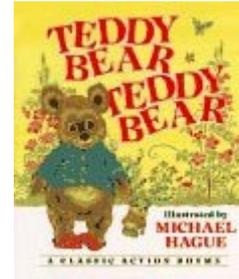
[Alphabears : An ABC Book](#)



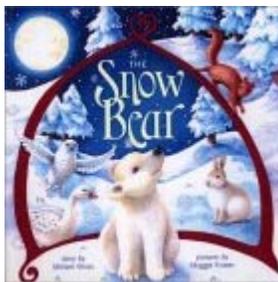
[Jamberry](#)



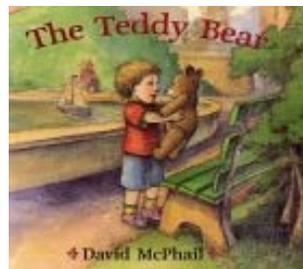
[My Friend Bear](#)



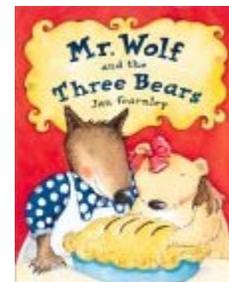
[Teddy Bear, Teddy Bear](#)



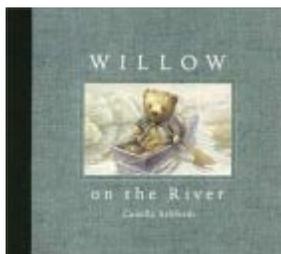
[SnowBear](#)



[The Teddy Bear](#)

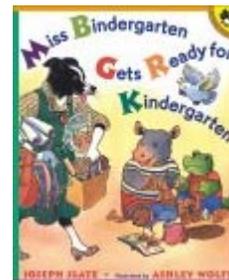


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